



CLOT News Letter Autumn Winter 2013

CLOT Conference 2013

This year's annual conference was held in Birmingham on Friday 18th October. The meeting was well attended as always with some members coming together the night before for the opportunity to network and relax over a glass of wine and an evening meal plus overnight accommodation before attending the conference the following day. CLOT is proud to continue to be able to offer considerable subsidised rates to its members in order for them to attend.

Topics covered on the day were lower limb fractures and VTE episode, reversing the oral direct inhibitors, thrombosis beyond the hospital and how to best manage patients in the primary care setting.

This year's advanced practice workshops focused on four different topics for delegates to discuss and share ideas, thus creating greater debate. The first workshop looked at legal cases and challenged members to think about their own practice in their work environment. The second workshop asked how we switch from warfarin to the oral direct inhibitors and vice versa. The third workshop questioned how do you care for the patient with superficial thrombophlebitis and the final workshop challenged delegates are we losing our role as anticoagulant professionals? The workshops sparked great debate and overall were well received by all involved as a good way to share best practice and network with other services. It also demonstrated the contrast in how services across the country work very differently.

CLOT would like to thank the delegates for completing the evaluation forms. The forms help CLOT plan the annual conferences and this year is no different with plenty of ideas for next year's meeting. They also help in ensuring CLOT is able to provide the on-going support its members require.

CLOT would like to say a big thank you to all the speakers for sharing their expertise with the CLOT members. The presentations are available for members via the CLOT website.

RCN Accreditation

This year's CLOT conference was accredited by the RCN. We asked members if this would encourage or influence them to attend the conference. Based on completed evaluation forms this year the overall majority of members said it would make no difference to whether they attended or not however, having RCN accreditation was useful for PREP and gave recognition and acknowledgment of the work done in anticoagulant services across the country and therefore encourages members to attend.

CLOT Committee News

Caroline Baglin, current CLOT committee Chairperson, announced at this year's conference that she will be stepping down as chair and that Betty Brough will take her place in October 2014. The committee have agreed that chairmanship of the CLOT group will be for a two year period only and the executive committee constitution has been updated to reflect this. CLOT would like to congratulate Betty and wish her well in her forthcoming committee role. Huw Rowswell was also welcomed to the committee and will take the role as secretary. CLOT welcomes Huw to the committee and wishes him well in his role. It is with great sadness the CLOT committee will be saying goodbye to Teresa Campbell who has been a valued member for many years in varied roles. On behalf of the executive committee and all CLOT members we wish Teresa all the very best for the future and would like to say a big thank you for all her hard work and commitment to CLOT during her time with us. CLOT is happy to know she will continue to remain a member and attend the annual conference.

ISTH 2013

The members involved in the advanced practice workshop at the CLOT conference 2012 focused on helping to create a counselling checklist for patients who have been prescribed oral direct inhibitors (ODI'S). This was presented by Caroline Baglin, CLOT chair person, at ISTH in Amsterdam and was published in Thrombus magazine last month. Members can view the workshop on the CLOT website by clicking on library then CLOT conference 2012.

CLOT committee members attended ISTH this year, including Huw Rowswell, winner of the CLOT scholarship. Read all about Huw's experience below. Our committee members thoroughly enjoyed the conference and felt it was a fantastic opportunity to share knowledge and experience with other health care professional's as well as being inspirational.

Huw Rowswell, Review of ISTH Amsterdam June 29th – July 4th 2013

I was fortunate to attend this year's ISTH conference as a result of being given funding from CLOT as a travel bursary. In the nursing forum I gave a presentation about risk assessment and lower limb immobilisation, a UK perspective though in reality mainly a Plymouth perspective, a longer version of which was delivered at this year's CLOT conference. The nursing forum, held the weekend before the main conference started, delivered presentations from many different countries covering subjects such as sports and risk of bleeding in haemophilia, virtual clinics, setting up outpatient DVT clinics and outcome data from root cause analysis. It was useful to see how other countries deal with similar problems. There was also a social event on the first evening which allowed a useful networking experience with nurses from different areas and countries.

I also gave a poster presentation looking at the incidence and mortality and morbidity around incidental VTE findings and for the first time the poster session was developed as an interactive session using touch screen technology and presenting

to small groups of other poster presentations. This is certainly an improvement from the days of standing by a poster waiting for the judges to make their way around. The rest of the conference had many different sessions looking at state of the art research around areas such as women's risk of VTE, laboratory tests, gene therapy and bleeding and I would recommend everybody looks at the journal of thrombosis & haemostasis state of the art issue available at

<http://onlinelibrary.wiley.com/doi/10.1111/jth.2013.11.issue-s1/issuetoc> .

The next full meeting is in 2015 in Toronto, Canada and would recommend anybody that is able to attend as this is an inspiring and educational event.

CLOT Conference 2014

Next year's conference will be held at the Holiday Inn, Birmingham on the 10th October 2014. Look out for further details which will be available in due course on the CLOT website.

Sponsors

The committee would like to thank Amtec-Medical, Bristol-Myers Squibb Pharmaceuticals Ltd, HART Biologicals, ROCHE Diagnostics Ltd, Sanofi Aventis, Sullivan Cuff Software and Pfizer who supported the conference with table top stands.

Many thanks to our Gold Sponsors Boehringer Ingelheim and Bayer for their continued support of CLOT.